### Section A

**DVT / PE Risk Assessment Worksheet**

**DVT / PE Risk Assessment**

<table>
<thead>
<tr>
<th>Risk Factors</th>
<th>Counts (Factors)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prior DVT or PE</td>
<td>3</td>
</tr>
<tr>
<td>Age &gt; 70 years</td>
<td>3</td>
</tr>
<tr>
<td>Spinal cord injury with paralysis</td>
<td>3</td>
</tr>
<tr>
<td>Age 60 - 70 years</td>
<td>2</td>
</tr>
<tr>
<td>Decompensated CHF</td>
<td></td>
</tr>
<tr>
<td>Severe COPD</td>
<td></td>
</tr>
<tr>
<td>Malignancy</td>
<td></td>
</tr>
<tr>
<td>Sepsis or severe infection</td>
<td></td>
</tr>
<tr>
<td>Prolonged immobility (&gt;72 hours)</td>
<td></td>
</tr>
<tr>
<td>Central venous access</td>
<td></td>
</tr>
<tr>
<td>Hypercoaguable state</td>
<td></td>
</tr>
</tbody>
</table>

**Possible Contraindications Listed on the Back of This Form**

- Prior DVT or PE (counts for 3 factors)
- Myocardial infarction
- Nonhemorrhagic stroke
- Compensated CHF
- Inflammatory bowel disease
- Raloxifene or tamoxifene use
- Trauma
- Oral contraceptives or HRT
- Varicose veins
- Obesity (BMI >29)
- Immobilizing cast
- Pregnancy or <1 month postpartum

### Section B

**DVT/PE Prophylaxis Orders**

**Minor Risk**

- Patients < 40 who are undergoing minor surgery (< 45 min) AND have no risk factors (see Section A)
- 1 risk factor and not undergoing a procedure (see Section A)

**Moderate Risk**

- Patients 40 - 60 who are undergoing minor surgery (< 45 min)
- Patients < 40 and have no risk factors (see Section A) who are undergoing a major surgery (> 45 minutes)
- Patients who have 2 risk factors (no procedure-see Section A)

**High Risk**

- Anyone > 40 undergoing major surgery (> 45 minutes)
- Patients with risk factors (see section A) who are undergoing a major surgery (> 45 minutes)
- Patients > 60
- Patients with 3 or more risk factors (no procedure)

**Case Specific Assessment**

- Elective total knee arthroplasty
- Elective total hip arthroplasty
- Hip fracture
- Elective intracranial procedure
- Acute spinal cord injury
- Multiple trauma with any risk factors
- Other surgery (describe)

### Pre Surgery

- Surgeon specific preoperative DVT regimen in Surgery Center
- IF DVT within 4 weeks prior to admission (regardless of surgery)

### After Discharge

- Typically, initial therapy for 10-14 days, then medication for an additional 4 weeks

**Reason:**

- No orders for venous thromboembolic prophylaxis (Reason must be completed) Possible contraindications on back

**Physician Signature:**

**Transcriber Signature:**

**Noting Nurse Signature:**

**Date:**
Contraindications for Venous Thromboembolic Prophylaxis

[ ] --- Acute hemorrhagic stroke
[ ] --- Acute spinal cord injury
[ ] --- Active bleeding
[ ] --- Spinal or epidural anesthesia withing 12 hours
[ ] --- Hypersensitivity to heparin or enoxaparin
[ ] --- Intra-ocular or intra-cranial surgery within prior 2 weeks
[ ] --- Coagulopathy / thrombocytopenia
[ ] --- Hemodialysis (enoxeparin contraindicated only)
[ ] --- Heparin induced thrombocytopenia (HIT)
[ ] --- Concurrent anticoagulants
[ ] --- Pregnancy with anticipated delivery
[ ] --- Planned continuous spinal or epidural
[ ] --- Uncontrolled hypertension
[ ] --- Planned invasive procedure within 24 hours
[ ] --- Other relative or absolute exclusion for pharmacologic prophylaxis, including surgical procedures placing the patient at high risk for bleeding

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