1. Keep the catheter and dressing clean and dry. Avoid showering unless directed otherwise by your physician.

2. Avoid heavy lifting for approximately three (3) days.

3. Your catheter site will be checked and the dressing changed with each treatment. **DO NOT** change the dressing yourself.

4. It is normal to have some discomfort in your shoulder this evening. Generally, Tylenol, two (2) tablets every 4 to 6 hours will help relieve the discomfort. Avoid favoring the shoulder, as this generally will cause increased stiffness and pain to the joint. If you require pain medication, ask your requesting physician what is best for you.

5. If any of the following occur, call your physician or report to an emergency room:
   
   SHAKING CHILLS and/or FEVER OVER 101°
   REDNESS, SWELLING, DRAINAGE AT THE EXIT SITE
   CHEST PAIN OR DIFFICULTY BREATHING
   CATHETER IS ACCIDENTALLY PULLED OUT (hold pressure at the site to stop the bleeding)

6. Remember to keep the tubing taped up to your chest wall to avoid accidentally pulling on the tubing or catheter ends.

7. If you have any problems or questions regarding the hemodialysis catheter, please contact our clinic at 313-916-1147, between the hours of 8:30 am to 4:00 pm. For any problems which may develop after hours, please call 313-916-3700 and ask for the Transplant Surgery Resident on call.

**THESE POST-OPERATIVE INSTRUCTIONS ARE GIVEN IN ADDITION TO THE ROUTINE INSTRUCTION SHEET. PLEASE KEEP THEM BOTH FOR REFERENCE DURING YOUR POST-OPERATIVE RECOVERY PERIOD.**